



Foaming water at the Wellness Center



...and the quiet water of the Fjord



Holbæk Fjord with the gateway in the foreground

@ Outdoor Gateway

HOLBÆK FJORD***



THE GATEWAY'S FACILITIES

- Access to hiking and cycle routes
- A map of the area
- Information about cultural and nature activities
- Folders with suggestions for activities from local businesses

- Wi-Fi
- PC with internet and printer
- Charging of electrical equipment

- Access to water and toilet
- Kitchen access for overnight stays
- Dryer/drying room
- Showers
- Meals
- Kiosk

- Guided cycle tours
- Hiking tours with a nature guide

- Lodging
- Tent ground and shelters
- Rest stops

- Bicycle for rent
- Canoes and kayaks for rent
- Tools for minor repairs of bicycles
- Baggage transport/storage

- Euros and credit cards accepted

OUTDOOR GATEWAY – WHAT IS IT?

An Outdoor Gateway is a node to active experiences in the surrounding landscape. Here you can get help and inspiration for hiking, cycling, riding, or possibly sailing, as well as various forms of service in connection with your tour.

- 1 LØNNEBJERG**
Søndervangsvej 39, 4583 Sjællands Odde
Tel. +45 2925 3981
- 2 SOMMERLAND SJÆLLAND**
Gl. Nykøbingvej 169, 4572 Nr. Asmindrup
Tel. +45 5931 2100
- 3 VESTERLYNG**
Ravnholtvej 3, Havnsø, 4591 Føllenslev
Tel. +45 5920 0066
- 4 HOLBÆK FJORD**
- 5 URHØJ**
Urhøjvej 14, 4480 Store Fuglede
Tel. +45 5959 7200
- 6 KONGSKILDE FRILUFTSGÅRD**
Skælskørvej 34, 4180 Sorø
Tel. +45 5784 9277
- 7 HEJREDE FRILUFTSGÅRD**
Hejredevej 26, 4990 Saksøbing
Tel. +45 5477 8826
- 8 RØDBY LYSTSKOV**
Strandvej 3, 4970 Rødby. Tel. +45 4218 4750



LAYOUT: BI IJDEKEDAME - PHOTO: OLE DRIEGEL AND GEON



ISEFJORD

**FRILUFTS
GUIDEN.DK**



On www.friluftsguiden.dk, you can design your own guide to outdoor experiences and print it on a card or download the routes to your GPS. You can also find lodging, places to eat, sights and attractions, rest stops, etc. The longer routes are divided into stages, each with facilities for tenting overnight.

@ Outdoor Gateway

HOLBÆK FJORD***

Sofiesminde Alle 1
DK-4300 Holbæk
Tel.: +45 5943 5064
Email: c-holbaek@fdm.dk
www.holbaekfjord.dk



Opening hours: Open all year

Public transport right to the door



Den Europæiske Union



Interreg IZA



Region of Southern Denmark



Holbæk Kommune



DANSK TURISME



REGION SØNDENMARK

SJÆLLAND · MØN · LOLLAND · FALSTER



Outdoor Gateway Holbæk Fjord



Mountain biking



Kayaker in Holbæk Fjord



View over Holbæk Fjord

OUTDOOR GATEWAY HOLBÆK FJORD

The gateway is located in the Holbæk Fjord Camping and Wellness Centre, at the edge of Holbæk Fjord, with the city of Holbæk on one side and woods, fields and the fjord on the other. Here Ole welcomes you with ideas for experiences and activities in the surrounding nature.

The gateway offers every opportunity for a relaxing stay, from a primitive shelter to a luxurious cabin with bath and toilet. And, regardless of whether you overnight or only pause here, you can enjoy the swimming pool, spa pool, and sauna. You can also choose to loosen tired muscles with a relaxing massage in the wellness center.

Outdoor Gateway Holbæk Fjord is a port to outdoor experiences and activities in and around Holbæk and Isefjord. We are a node for service, information, and facilities, including a kiosk and an internet café, for groups as well as individuals.

Our location at the outskirts of town, with a bus to our door, provides good opportunities for shopping. At the same time, you can experience the nature right outside the gateway. You can sail on the fjord – rent a kayak or canoe – or take a trip by foot or cycle, which you can rent here and deliver at ten different places in Odsherred. We also arrange guided hikes or cycle tours led by a nature guide.

Outdoor Gateway Holbæk Fjord is a unique base for active outdoor experiences, unwinding, and pampering yourself in and with nature.

THE LANDSCAPE

Holbæk Fjord and Tempelkrog are the southernmost branches of Isefjord, a 35 km. deep fjord, which, together with Roskilde Fjord, divides northern Zealand into north and west. The landscape around the fjords is characterized by woodlands and undulating agricultural land created by moraine deposits from the last Ice Age after the ice melted, approximately 12,000 years ago.

Holbæk Fjord and Tempelkrog form a part of the characteristic Sjælland fjord landscape, with brackish water and narrow, stony foreshores. The cove at Tempelkrog and some 90 hektares of

surrounding land are a conservation area, as part of the manor estates Rygård and Eriksholm.

Elverdamså (stream) runs through Elverdamsdal (valley), which was formed by melting water during the last Ice Age, out to Tempelkrog. In the valley, springs and small streams formerly drove 14 water mills.

In the 1950^s, the delta of Elverdamså in the northern part of Tempelkrog was drained to produce agricultural land by pumping the water into a canal to the east. A dam was built across the meadows to hold back water from the fjord. On Egernæs point in the east, cattle now graze on the meadows and grasslands. Tuse stream runs into the base of Holbæk Fjord and is a favorite excursion for anglers. You can catch perch, pike, bream, and trout in the stream.

ROUTES AND TOURS

Outdoor Gateway Holbæk Fjord is centrally located with direct access to **Fjordstien**, the long (275 kilometers) cycle and hiking route around Isefjorden and Roskilde Fjord. From here you can also come to **Fjernvandrevvej E6** and **Gudernes Stræde**.

From Holbæk, you can take the ferry to Orø, where there are many lovely footpaths and peaceful cycle routes. You can continue with the rope ferry to the beautiful and distinctive natural landscape in Hammer Bakker (hills) and Ejby Ådal (valley).

You can also choose to take a trip around Orø in a kayak. Isefjord is an excellent and varied area for kayaks, with many landings, and the local residents are generally very hospitable to kayak paddlers. The name Isefjord stems from an old word (iser) for porpoise, which can still be seen in the inner reaches of the fjord. Watch out for the military shooting range.

In the area down to Tempelkrog and Munkeholmbrø (bridge), you can take tours around the woods by Dragerup and Eriksholm.

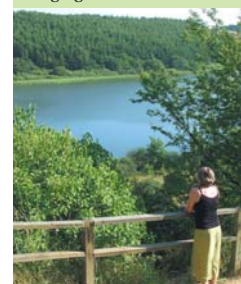
South of Holbæk, in cycling distance from the gateway, you will find two lakes, Maglesø and Igelsø, in the "Zealand alps" near Brorfelde. This area offers particularly good opportunities for cyclists, hikers, and other outdoor enthusiasts.



Sortebrødreklostret



Æglageret



View over Maglesø



Angler

SIGHTS AND ATTRACTIONS

In the middle of Holbæk lie the remains of **Sortebrødrekloster** (Black Friars Priory), which was built in the Middle Ages by mendicant friars. At its height, it consisted of four wings around an open cloister. The monks lived there until 1535, when a civil war between the protestant King Christian III and Count Christopher of Oldenburg forced them to leave. In Klosterstræde the remaining buildings are now used for the parish congregation.

Another interesting building in Holbæk is **Æglageret** (egg storehouse or packing house), which originally received eggs from local producers, candled them, sorted them by size, and packed them for transport – a fine example of the concept of the cooperative movement. The eggs, up to 20 tons a week, were collected by "egg men". The packing house closed in 1980. Today Æglageret is a museum with art exhibits, a shop for crafts, a sculpture garden, concerts, and lectures.

Andelslandsbyen Nyvang (Nyvang cooperative village) is a museum of cultural history situated in beautiful natural surroundings a few kilometers south of Holbæk. Here you can see and experience the physical framework of the period (ca. 1870-1950) when the cooperative concept – that many join forces to accomplish what none can manage alone – permeated almost every aspect of village life.

Dragerup Skov (wood) lies only a kilometer from the gateway. It contains many burial mounds and is also a favorite excursion for anglers and bird watchers.