



Sunset from Urhøj Camping

View from Urhøj to Bjerge Strand



## THE GATEWAY'S FACILITIES

- Access to hiking and cycle routes
- A map of the area
- Information about cultural and nature activities
- Folders with suggestions for activities from local businesses
- Wi-Fi
- PC with internet and printer
- Charging of electrical equipment
- Access to water and toilets
- Kitchen access for overnight stays
- Showers
- Meals
- Cabins for rent
- Tent ground
- Rest stop
- Bicycles for rent
- Tools for small repairs of bicycles
- Baggage transport/storage
- Euros and credit cards accepted



## OUTDOOR GATEWAY – WHAT IS IT?

An Outdoor Gateway is a node to active experiences in the surrounding landscape. Here you can get help and inspiration for hiking, cycling, riding, or possibly sailing, as well as various forms of service in connection with your tour.

- 1 LØNNEBJERG**  
Søndervangsvej 39, 4583 Sjællands Odde  
Tel. +45 2925 3981
- 2 SOMMERLAND SJÆLLAND**  
Gl. Nykøbingvej 169, 4572 Nr. Asmindrup  
Tel. +45 5931 2100
- 3 VESTERLYNG**  
Ravnholtvej 3, Havnsø, 4591 Føllenslev  
Tel. +45 5920 0066
- 4 HOLBÆK FJORD**  
Sofiesminde Alle 1, 4300 Holbæk  
Tel. +45 4182 4569
- 5 URHØJ**
- 6 KONGSKILDE FRILUFTSGÅRD**  
Skælskørvej 34, 4180 Sorø  
Tel. +45 5784 9277
- 7 HEJREDE FRILUFTSGÅRD**  
Hejredevej 26, 4990 Saksøbing  
Tel. +45 5477 8826
- 8 RØDBY LYSTSKOV**  
Strandvej 3, 4970 Rødby. Tel. +45 4218 4750



Layout: Bj. Hebe Klumpe - Text: GEON - Photos: Ibren Nikolajsen, Sif Petersen, Urhøj Camping



# BJERGE STRAND

## STOREBÆLTSKYSTEN



On [www.friluftsguiden.dk](http://www.friluftsguiden.dk), you can design your own guide to outdoor experiences and print it on a card or download the routes to your GPS. You can also find lodging, places to eat, sights and attractions, rest stops, etc. The longer routes are divided into stages, each with facilities for tenting overnight.

Urhøjvej 14  
DK-4480 Store Fuglede  
Tel. +45 5959 7200  
Email: [feilskov@urhoej-camping.dk](mailto:feilskov@urhoej-camping.dk)  
[www.urhoej-camping.dk](http://www.urhoej-camping.dk)



**Opening hours:**  
Open from March 30 to October 21  
Distance to public transport approx. 2.7 kilometres







View with Ragnarshøj in the foreground



View to Reersø Vejle



Dronningestenen



A bird island in Tissø's southeast corner near Sæby Kirke

## OUTDOOR GATEWAY URHØJ

The gateway is managed by Lone and Alex, who own Urhøj Camping. When you visit the gateway, you come to one of Denmark's best beaches. Here you can swim, fish, paddle a kayak, kitesurf, and windsurf. The gateway is the starting point for a number of cycle tours and hikes in the area.

At the gateway, you can have access to PC and internet, rent bicycles, buy repair kits and fishing equipment, and use all the facilities, which include a good restaurant with healthy food. Various information folders are available, cycle and hiking maps are for sale, and you can get personal service when the reception is open.

There are four terrain levels at Urhøj Camping, so most camping places have a sea view. You can also choose to rent a cabin, or you can put up your own tent only 37 meters from the water's edge.

The gateway gives access to a number of important cultural and historic attractions, which you can visit on your tours through the landscape.

Lone and Axel will be happy to help you plan exciting excursions in west Sjælland.

## THE LANDSCAPE

You find yourself in a landscape typical for eastern Denmark, with moraine deposits. Some are prominent hills, which were chosen by Stone Age people for burial mounds or memorials, so there are many ancient monuments in the area.

The lower part of Halleby Å (stream) cuts through the moraine landscape before it runs into Jammerland Bugt (bay). In front of the glacial deposits, the coastal terrain is varied, due to the water's alternating erosion and depositing of material. You find spits, beach ridges and cliffs, and you see the fascinating animal and plant life that has adapted to these conditions.

Just up a path from the gateway, there is a fantastic 360-degree view from the Urhøj burial mound, where you can see Storebælt and the bridge, Asnæs, Musholm, Reersø, Tissø, and Fyn.

## SIGHTS AND ATTRACTIONS

**Asnæs** and **Røsnæs** have a unique nature with grasslands and scrub forests and a rich bird life. You can see buzzards, eiders, red-backed shrikes, red-necked grebes, whitethroats, and rosefinches. There are many good places to fish for sea trout and garfish along the coasts and you can take hikes of varying lengths on Asnæs and Røsnæs.

**Reersø** was originally many small islands. After the Atlantic Transgression they grew together and eventually became connected to Sjælland. Sometimes the isthmus between Reersø and Zealand is flooded so that Reersø again becomes an island. There are many wet areas with waders, geese, and cranes, as well as an interesting flora. Reersø consists of protected coastal landscape and cliffs.

**Flasken** is a protected nature area with meadows and grasslands, and has a rich bird life all year round. Halleby Å, which runs through Flasken, is one of Zealand's few unregulated streams. Although there is no public access to the area, you can go freely along the coast. A lookout tower at the rest stop gives a view over the whole area.

**Sukkerkanalen** (canal) is connected via Halleby Å to Tissø, the lake with the greatest volume of water in Zealand. Paths on both sides of Sukkerkanalen lead down to the fine bathing beach at Jammerland Bugt, where heather, crowberries, tuberous buttercups, and many different mosses grow. Here and there you can see pale green touches of the little evergreen fern *Polypodium*.

## ROUTES AND TOURS

Outdoor Gateway Urhøj is a central point for a number of tours. Three stages of the **Sjællandsleden** trail start here. On the local cycle route **Historisk Vingesus**, which passes close by, you can enjoy a tour through a typical eastern Zealand landscape past many ancient monuments.

Three local cycle routes start at the gateway.

If you have a kayak, you can launch it from the gateway and paddle all around in Jammerland Bugt. You can also start from Tissø via Halleby Å to Bjerge Sydstrand.

## Fugledegård and Naturpark Åmosen.

Fugledegård Information Centre functions as the primary visitor information centre for Åmose Nature Park, which has unique cultural, natural, geological, and landscape value.

Fugledegård is located at the southwest corner of Tissø. Here a lookout tower gives a view over the lake and covered rest area. Tissø has its name from the god Thor. In Viking times, a large farm lay here, and gold ring weighing two kilograms was found nearby.

**Rævehøj** (hill). Denmark's highest megalithic tomb lies in Dalby near the mouth of Halleby Å. The hill was built in the Neolithic period some 5000 years ago. From Rævehøj you will have a magnificent view over the whole region and over the Great Belt Bridge as a symbol of modern construction.

**Regnarshøj** is an open burial mound. To get in to the mound you must pass a long passage. From the mound there is a magnificent view over the region with Storebælt towards west and Tissø and Gørlev inside the country. There are picnic table at the mound.

In **Gørlev Church** stand two famous and well preserved rune stones. The largest, which is a gravestone from around the year 900, contains the complete runic alphabet, futharken. Gørlev Stenen (the Gørlev Stone) is one of Denmark's most interesting rune stones, surpassed only by the Jelling Stone.

**Dronningestenen** (the Queen's Stone) tells a fascinating story about the time when Queen Margarethe I (1352-1412) sailed through Storebælt and was shipwrecked in a terrible storm.



Rævehøj



Reersø



Gørlev Church



Rune stone