



Disseminating room with café atmosphere



Lookout tower

@ Outdoor Gateway

HEJREDE FRILUFTSGÅRD**



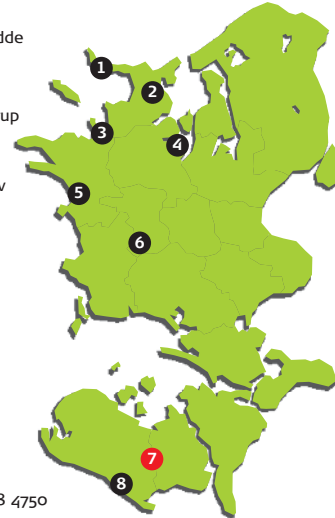
THE GATEWAY'S FACILITIES

- Access to hiking and bicycle routes
- A map of the area
- Information about cultural and nature activities
- Folders with suggestions for activities from local businesses
- Wi-Fi
- PC with internet and printer
- Charging of electrical equipment
- Access to water and toilets
- Farm shop
- Disseminating room with café atmosphere
- Guided tours
- Horses for hire
- Bird hide and lookout tower
- Tent ground and shelters
- Picnic ground with tables and benches
- Covered rest stop
- Outdoor kitchen and campfire equipment
- Bicycle rental
- Tools for minor repairs of bicycles
- Baggage transport/storage
- Euros accepted

OUTDOOR GATEWAY – WHAT IS IT?

An Outdoor Gateway is a node to active experiences in the surrounding landscape. Here you can get help and inspiration for hiking, cycling, riding, or possibly sailing, as well as various forms of service in connection with your tour.

- 1 LØNNEBJERG**
Søndervangsvej 39, 4583 Sjællands Odde
Tel. +45 2925 3981
- 2 SOMMERLAND SJÆLLAND**
Gl. Nykøbingvej 169, 4572 Nr. Asmindrup
Tel. +45 5931 2100
- 3 VESTERLYNG**
Ravnholtvej 3, Havnsø, 4591 Føllenslev
Tel. +45 5920 0066
- 4 HOLBÆK FJORD**
Sofiesminde Alle 1, 4300 Holbæk
Tel. +45 4182 4569
- 5 URHØJ**
Urhøjvej 14, 4480 Store Fuglede
Tel. +45 5959 7200
- 6 KONGSKILDE FRILUFTSGÅRD**
Skælskørvej 34, 4180 Sorø
Tel. +45 5784 9277
- 7 HEJREDE FRILUFTSGÅRD**
- 8 RØDBY LYSTSKOV**
Strandvej 3, 4970 Rødby. Tel. +45 4218 4750



Layout: BJ. Iteheklame - Text: GEON - Photo: BioBox, Dansk Tjufdesign - Hejrede Friluftsgård



MARIBO LAKES NATURE PARK

FRILUFTS GUIDEN.DK



On www.friluftsguiden.dk, you can design your own guide to outdoor experiences and print it on a card or download the routes to your GPS. You can also find lodging, places to eat, sights and attractions, rest stops, etc. The longer routes are divided into stages, each with facilities for tenting overnight.

@ Outdoor Gateway

HEJREDE FRILUFTSGÅRD**

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www.hejrede.dk



Opening hours: We are open by appointment from May 1 to September 1. Phone (day or night) for an appointment.
Distance to public transport approx. 5.6 km.



SJÆLLAND · MØN · LOLLAND · FALSTER



Pia



Outdoor Gateway Hejrede Friluftsgård



The farm shop



Flower meadow at Hejrede Friluftsgård



Bird hide



Harvest festival at Hejrede Friluftsgård

OUTDOOR GATEWAY HEJREDE FRILUFTSGÅRD

Outdoor Gateway Hejrede Friluftsgård is a farm and outdoor activity centre beside Hejrede Sø (Lake) in the Maribo Lakes Nature Park. It is managed by nature guide Pia Lyndelse, who lives on the farm with her husband, Troels, and children. Hejrede Friluftsgård provides primitive camping facilities and many different activities and experiences, as well as a small store where you can buy supplies. See more about the various arrangements and courses offered on our home page.

No farm without animals, and there are lots of them here on the farm. Animals also provide sustenance for wild birds. Many small birds fly around the horses and other animals, finding food and nesting materials in their fodder and bedding.

Icelandic horses and Shetland ponies are available for riding, and visitors can come close to and pet many of the animals. Some of the first you may meet on your arrival are the small dwarf goats, but there are also mini-pigs, ducks, hens, dogs, and cats – and swallows build nests under the eaves

Scotch highland cattle keep the grass down on the meadow by Hejrede Lake for the benefit of geese and other birds that breed there. You can watch the birds from the bird hide on the meadow or from the public lookout towers 300 meters from the farm.

Hejrede Friluftsgård gives you direct access to experience the Maribo Lakes Nature Park. A hiking path starts here. You can hire one of the horses to experience nature from horseback. You can also use the gateway's facilities whether you come here by car or riding your own horse – your horse can be stabled in the "hay hotel" while you overnight in a tent or shelter.

Hejrede Friluftsgård lies far from highways, trains, airports, and windmills, so the nights can be completely still – and in clear weather the Milky Way spreads over the skies like a luminous band in a throng of stars.

THE LANDSCAPE

The Maribo lakes lie in the middle of Lolland and break the extensive sub-glacial ground moraine, which is the designation for the almost flat landscape which you see on Lolland. The Maribo

Lakes Nature Park consists of four shallow lakes - Nørresø, Søndersø, Hejrede Sø, and Røgbølle Sø - and the surrounding land. This area together constitutes the Maribo Lakes Nature Park.

During the last ice age, the ice stopped in a line from Maribo to Nysted. After further melting, the ice left a number of large ice blocks as dead ice. When the blocks melted, a number of kettle holes were formed, among them the Maribo lakes. The slightly hilly land in front of the former ice front is now a fruitful landscape with manor houses, farmland, and lush deciduous forests.

The Maribo lakes have irregular shores and contain many islands, more than any other Danish lake. The colonies of breeding gadwalls, shovelers, pochards, and marsh harriers found in and around these lakes are among the largest in Denmark. On the islands of Askø and Lindø in Søndersø is a mixed colony of cormorants and herons, and the rare red-crested pochard is often seen in Hejrede Sø. In the fall, the lakes are among Denmark's most important resting places for Greylag geese and dabbling ducks. The eagle breeds in the Maribo lakes and is the symbol of the nature park.

Lookout towers are set up south of Røgbølle Sø and west and northeast of Hejrede Sø. A particularly good way to experience bird life is from the tour boat Anemonen, which sails in the summer. Today, the Maribo lakes and surrounding areas are an International Nature Conservation Area.

ROUTES AND TOURS

Hejrede Friluftsgård is an entrance for you to experience Maribo Lakes Nature Park on foot, bicycle, or horseback.

If you follow the bicycle and hiking paths north and south of Søndersø, you can continue on the regional hiking trail **Sjællandsleden** and the cycle route **Munkevejen**. You can also come to **Jernbanestien Maribo-Rødby**, a local route along the disused railroad line to Rødbyhavn.

For a trip all around Røgbølle Sø, take the **Hejrede Sø-Høvænge Skov** route, which connects Maribo Lakes Nature Park by small country roads to **Paradisruten**.



Eagle over the Maribo Lakes



Søholt Barokhave



Maribo Square by night



Skelnæs Pavillion



Maribo Open Air Museum



Nysted beach

SIGHTS AND ATTRACTIONS

Ancient monuments. Close to the gateway lies **Højene**, with 50 burial mounds from the Bronze Age. In the woods by Hejrede Sø is **Hejrede Vold**, an earthen embankment from the Iron Age that, together with the lakes, protected the Iron Age inhabitants so they could live in relative safety.

Søholt Barokhave (baroque garden) has been restored and was opened to the public in 2010. It is one of the best preserved Baroque gardens in Denmark. It was probably established in the 1690s – patterned on French gardens – and thus reflects several hundred years of history.

Maribo is a market town with a rich history all the way back to the monastic period in the 1400s. In the summer, you can take the tour boat **Anemonen** from Maribo and sail around in Søndersø.

The Anemone sails to the small islands and also lands at **Skelnæs Pavillion**. This is a "Golden Age" thatched pavilion from 1822, which you can visit and use without charge – also if you come to it by land.

Frilandsmuseet in Maribo is the third-oldest outdoor museum in Denmark, opened in 1927. Its purpose was to create and preserve a village setting for local buildings that show daily life and customs – from the late 1600s to the early 1900s – which would otherwise be forgotten.

Nysted Strand (beach) offers excellent swimming and the market town of Nysted holds a large medieval festival every year in August.