



Resting on Bjerget



Kongskilde Møllesø



Tamose Bog Area



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THE GATEWAY'S FACILITIES

- Access to hiking and cycle routes
- A map of the area
- Information about cultural and nature activities
- Folders with suggestions for activities from local businesses
- Wi-Fi
- PC with internet and printer
- Charging of electrical equipment
- Access to water and toilets
- Access to kitchen for overnight stays
- Dryer/drying room
- Showers
- Meals
- Lodging
- Tent grounds and shelters
- Rest stops
- Shelter with campfire site
- Bicycle rental
- Tools for small repairs of bicycles
- Locked bicycle storage
- Baggage transport/storage
- Guide for hire
- Euros and credit cards accepted

OUTDOOR GATEWAY – WHAT IS IT?

An Outdoor Gateway is a node to active experiences in the surrounding landscape. Here you can get help and inspiration for hiking, cycling, riding, or possibly sailing, as well as various forms of service in connection with your tour.

- 1 LØNNEBJERG**
Søndervangsvej 39, 4583 Sjællands Odde
Tel. +45 2925 3981
- 2 SOMMERLAND SJÆLLAND**
Gl. Nykøbingvej 169, 4572 Nr. Asmindrup
Tel. +45 5931 2100
- 3 VESTERLYNG**
Ravnholtvej 3, Havnsø, 4591 Føllenslev
Tel. +45 5920 0066
- 4 HOLBÆK FJORD**
Sofiesminde Alle 1, 4300 Holbæk
Tel. +45 4182 4569
- 5 URHØJ**
Urhøjvej 14, 4480 Store Fuglede
Tel. +45 5959 7200
- 6 KONGSKILDE FRILUFTSGÅRD**
- 7 HEJREDE FRILUFTSGÅRD**
Hejredevej 26, 4990 Sakskøbing
Tel. +45 5477 8826
- 8 RØDBY LYSTSKOV**
Strandvej 3, 4970 Rødby. Tel. +45 4218 4750





Kongskilde Friluftsgård



Ny Rytterbjerg



Tystrup Sø

OUTDOOR GATEWAY KONGSKILDE FRILUFTSGÅRD

The Gateway is located in Kongskilde Friluftsgård, which is a four-wing farm from 1818-1868, situated in a beautiful natural area sloping down to Suså. Kongskilde's history is long and was first mentioned in 1076 by name, after the natural spring nearby. In ancient times, Kongskildegård was the largest farm in the town and was known as a mill farm as far back as 1284. Now one of the wings is a hostel, and in the south wing there are banqueting rooms for hire by groups and companies.

Kongskilde Friluftsgård was the first Danish outdoor activity centre (friluftsgård), and now it includes a camping ground, restaurant and nature interpretation with starting point in Tystrup-Bavelse Nature Park.

At Kongskilde Friluftsgård, you are welcome to visit our nature exhibition. We offer various arrangements with nature guides and cooperate with other tourist organisations to make package tours, and we have a whole section with folders and information, as well as bicycle rental. A path leads to the Blue Flag (approved) bathing beach on the lake Tystrup Sø (lake), where there is also a landing for canoes and kayaks.

Keep an eye on our calendar. We always have tours with a nature guide on the programme.

The nature information section at Kongskilde Friluftsgård bids you welcome to an area with many possibilities to experience nature and outdoor life.

THE LANDSCAPE

You find yourself in a rolling terrain, where large parts of the area are covered by woods, mainly deciduous, with full-grown oaks and beeches.

The two long lakes, Tystrup and Bavelse, constitute the most significant landscape elements in a tunnel valley system that stretches from Næstved to Sorø. Tunnel valleys are thought to have been created when rivers of water eroded the ground under a glacier. Due to the weight of the ice, the water was under high pressure and could therefore erode deep holes in the ground below. When the ice melted and the tunnel valley lay bare, the deepest holes often became lakes.

The tunnel valley with the Tystrup and Bavelse lakes was formed at the end of the last Ice Age, about 15,000 years ago. The lakes are surrounded by a magnificent rolling landscape of high moraine plains, and are connected by Suså, the longest and largest stream system in Zealand. Around the lakes there are many bogs and grasslands. These, together with the lakes and stream, provide excellent conditions for plant and animal life, especially water and swamp plants, resting ducks and geese, and large birds of prey like eagles.

The landscape also shows examples of how people have changed it through excavation of raw materials such as peat and gravel.

SIGHTS AND ATTRACTIONS

Fresh-Water Aquarium. In the Kongskilde Water Mill, you can see a 4000-liter aquarium with many of the fish found in the lakes near Sorø. The aquarium is open all year and there is no admission charge.

Sorø Klosterkirke (convent church) was a part of the Maria Convent in Sorø, which was built by the Cistercians at the end of the 1100s, encouraged and supported by Bishop Absalon and the noble Hvide family. It is one of the first brick buildings in Denmark. The visible remains of the convent are a small part of the wall and the gatehouse, which contains Denmark's oldest residence.

In **Broby Vesterskov** (wood), you will find 11 megaliths in the form of long or round dolmens from the Neolithic period. One particularly noteworthy dolmen is among the longest in Denmark, with a length of 88 meters and 161 edging stones.



Ny Rytterbjerg



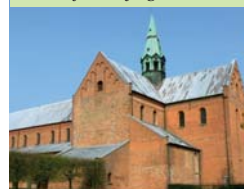
Shelter with campfire



Fresh-Water Aquarium



View from Bjergstien



Sorø Klosterkirke

ROUTES AND TOURS

A number of long hiking and cycle routes cross the Outdoor Gateway. Among them are **Munkevejen's** stage from Skelby to Sorø and the **National Cycle Route 7** from Sjællands Odde to Rødby Havn. Three long hiking trails start from the gateway: **Fjernvandrevej E6**, **Jyderupstien**, and **Susåleden**. The gateway is also a starting point for a canoe or kayak trip to Næstved, or a natural place to rest if you have paddled from Veterslev.

Bjergstien is a local path that leads to a covered landfill, which sounds unattractive but represents the story of the human activity that has played a part in the formation of the landscape. The hill was first mined for gravel and then used as a dumping ground. Today it is covered with earth and maintained as a natural area with a magnificent view over Tystrup Sø and the surrounding woods.

Angling. You can fish without charge in part of Kongskilde Møllesø (Millpond), and in the two lakes, the gravel pit beside "Det Ny Rytterberg", and a lake close to "Siberia".

Starting from the gateway, you can choose a number of "yellow nature paths". Just follow the yellow marks on trees and stones.

You can enjoy the view from **Ny Rytterbjerg**, a hill in an area of old gravel pits, which has been restored as a nature area. The small lakes, filled with water from underground springs, were uncovered when the gravel was removed. Ny Rytterbjerg replaces the original hill that was excavated. The area has a variety of plants, including orchids, as well as a rich bird life.

You can also go to **Suserup Skov** (wood). This is one of Denmark's finest natural woodlands, which has been managed for generations as "untouched forest". Here you can get an impression of how prehistoric forests may have looked. Scientific studies have shown that Suserup Skov has grown uninterrupted in varying degrees for more than 6000 years.

If you walk to **Suserupgård**, in the **Tamose** (bog) area you can see three small lakes, which were formed by excavating peat. To preserve the surrounding meadows and open water, cattle are set out to graze in the summer. From the bird hide, you can watch the rich bird life in Tamose. Many species of ducks and waders can be observed, especially during the migration periods in the spring and fall.